



Spring is in the Air!!

Welcome to the Spring 2017 edition of our newsletter. With Christmas and New Year a distant memory, we are now looking forward to planning more events and fund-raising for our residents at Bonehill Lodge. Events already in the diary are as follows

- We have arranged a clothing sale on the 6th April at 2pm. This is mainly for our residents, however families are also more than welcome to come along.
- Throughout the day on the 10th April, we will be tending to our indoor garden with a few potting plants and vegetables. As this is a new activity we would be grateful of any donations or ideas on the types of plants that your loved ones like and enjoy.
- 14th April Easter Party 2pm - 3pm with entertainment from Lorenzo. We have the Mayor of Tamworth judging the parade with prizes for the winners (all welcome).

Further in to Spring we will be holding a "Mocktail Tasting" event on the 8th May, including alcohol free cocktails. We believe that this is a good idea to encourage residents with their intake of fluids and promote hydration. There will be a variety of Mocktails on offer, including faux champagne and many others!!

Further down the line, we have the following ideas in mind for our Summer events...

- Summer show called "One Fine Day"
- Summer Fete / Garden party

We are also planning to hold a monthly Dementia Café, which will give us all a chance to meet up and discuss any concerns or questions regarding Dementia, as we would like our residents and their families to feel part of our community and not suffer on their own with this life changing condition. Similarly we will be inviting families to The Lodge again for one to one meetings to discuss your loved ones' care plans. Invites to follow very soon.

Last but not least our Care Manager, Mandy Chapman, is also planning a sponsored walk around Hopwas Woods in May (date to be confirmed). Helping Mandy will be an instructor from "Simon's Heroes" who are a Tamworth based charity. Sponsor forms will be available in the next few weeks if you wish to take one home to ask family, friends and work colleagues to sponsor Mandy for a well worthy cause.

Best wishes from all of the team at Bonehill Lodge